

# Healthwatch Barking and Dagenham Board meeting

**Monday 14<sup>th</sup> March 2022**

**Venue: Zoom online**

**Time: 7pm – 8pm**

1.	Welcome and introductions Minutes of last meeting and Matters Arising	Daniel Singleton, Interim Chair of B&D Healthwatch Board
2.	Healthwatch Board Chair & Advisory Members' Role Descriptions	Daniel Singleton, Interim Chair of B&D Healthwatch Board
3.	General Update & Upcoming Projects	Manisha Modhvadia, Acting Healthwatch Manager
4.	Feedback & Discussion from Board	All Members
5.	Any Other Business	All Members

## **Healthwatch Board Meeting Minutes**

**Monday 13<sup>th</sup> December 2021**

**7-8pm**

### **Present:**

Kim Blyth (KB), Board member

David Sollis (DSO), Board member

Elsbeth Paisley, (EP), Board member

Daniel Singleton (DS), Interim Chair

Val Shaw (VS), Board member

Rachel Allen (RA), Board member

Barbara Sawyer (BS), Board member

### **Also, present:**

Manisha Modhvia (MM), Healthwatch Barking & Dagenham staff member

Richard Vann (RV), Healthwatch Barking & Dagenham staff member

### **Apologies:**

### **Agenda:**

#### **1. Welcome, introductions and matters arising:**

Minutes from last team meeting were agreed.

#### **2. General update**

MM provided an update to the board.

- Healthwatch : The team undertook a piece of work in collaboration with other HWs across North East London. The Board were informed that HW won an award from Healthwatch England. The board were aware and congratulated the team.
- BHRUT Clinical Strategy- The team are engaged with 75 residents about their experiences when using hospital services. Information collected has been shared with the hospital trust in a report.

- Healthy Living Survey- Overall Aims and Objectives of the project is to understand the needs of local people when it comes to maintaining a healthy lifestyle. We're aware that so much of our lives have been disrupted by the COVID pandemic these past two years and that it has changed the way we think, the way we feel, and what we are able to do. It is also very clear that the pandemic has had a major impact on the food that we eat, the exercise that we get, and the state of our mental health. Therefore the project will look into what works for people, challenges and if residents are aware of the healthy living services available to access them.
3. Mystery shopping exercise - RV gave a brief update on the mystery shopping exercise - where he visited GPs in Barking and Dagenham. There are still some visits pending- which will be undertaken in the next week.

#### **4. Board development**

DS shared a few proposals with the board which included:

- New Job descriptions- what do we expect from board members?
- Job description -where members have to commit to an activity or an area - data analysis, enter and view, marketing and campaigns.

EP agreed that a job description would be a good idea and other board members agreed. HW team were asked what would be helpful? What would be helpful to the team, that's very beneficial? Board members commented that they want to make useful contributions.

RA thought a job description would be helpful as she is new to the board and felt it should be shared once approved to networks.

DS asked the board "do we need a golden thread - for example we concentrate on one area for a period of time? For example engagement then move to membership?" Board agreed with the concept.

Action: MM to action - golden thread concept when new work plan is devised for next year and discuss with board. To include something the board can concentrate on for a quarter.

Action: RV to create a draft job description for board members- share with board for comments prior to board meeting.

Action: Team to share final draft a week prior to board meeting for board to review and approve at next board meeting.

Action: RV to upload Job description (JD) to the website and advertise for new board members once JD has been approved.

DS also spoke about how the board makes decisions, what should the board ask themselves when we decide to do something "what difference will this make? Can we make a difference with this?"

KB suggested waiting to answer this question once there is a new area of work. The board should then consider this question for each piece of work. DSo, EP and VS agreed with KB. Everyone agreed with the concept.

DSo also spoke about considering what is good evidence? Do we need 200 responses or can 10 real live experiences and cases be enough? If HW can achieve a good outcome with a few case studies do we need, anything else?

Action: Board to consider "What difference each project will make" for new projects moving forward from April onwards" MM and DS to remind board of the question.

The board also discussed recruitment of a more diverse Board.

EP felt that there are some really good people working in the borough and who she knows through working at BD collective.

KB also said she would keep a look out and gauge interest.

Any new board members need to be living in Barking and Dagenham.

Action: EP and KB to suggest people if anyone comes to mind- will email MM.

## **AOB**

Funding: Matter was discussed under "private and confidential. Therefore notes are not under part 1 of the minutes.

**The meeting was closed.**