

Healthwatch Champions Volunteer Role Description

Do you enjoy getting out and about, getting involved with local community activities and chatting to people?

Could you promote Healthwatch Barking and Dagenham within the area you live and gather people's views about healthcare services?

Could you be an active connector between Healthwatch and your local community?

**If so this could be the volunteering role you
have been waiting for!**

The purpose of the role is to:

- Represent a group/ward within the borough of Barking & Dagenham and gather people's views on local health and social care services (for example via questionnaires and assisting with focus groups), feeding findings back to the Healthwatch team
- Promote Healthwatch Barking and Dagenham events and projects to local people in your area or to the group you represent.
- Support Healthwatch staff with promotional stands within your ward and across the borough.
- Attend and take part in Healthwatch volunteer training.
- Inspire people within the ward/group you represent to engage with Healthwatch
- Actively connect with people

Skills and Experience required

- Have a good understanding of confidentiality
- Be able to follow guidance and instructions
- Have good verbal and written communication skills
- Be able to work in a team
- Reliable and good at time keeping
- Good listening skills
- Empathy for others and a friendly personality
- Able to separate own experiences from other people's issues - and faithfully present the views of your group.

How much time and when?

The days and amount of time you give is flexible, you can discuss and agree these with the Healthwatch Volunteer Manager.

An introduction to Healthwatch will be given and reasonable out of pocket expenses paid.

If you are interested, please contact Manisha Modhvadia for a volunteer application form.

Name: Manisha Modhvadia

Telephone: 0800 298 5331

E-mail: Manisha.Modhvadia@healthwatchbarkinganddagenham.co.uk